

Occupational Therapy

at Riding for the Disabled (NSW)
Tall Timbers Centre



Riding for the Disabled (NSW) Tall Timbers Centre are now in partnership with an experienced Paediatric Occupational Therapist to offer one on one individualised therapeutic sessions tailored to develop your child's full potential.

Occupational Therapy works to develop or enhance the skills needed for a child to grow into a functional, fulfilled and happy individual. It looks into the child's strengths and any areas of difficulty that the child may be having trouble with. These challenges may be due to developmental delays, Autism Spectrum Disorder, ADD/ADHD, sensory processing difficulties, anxiety, trauma and learning difficulties. Through a client centred, strengths based approach, Occupational Therapy will enhance the child's ability to thrive and become their best selves. Additionally, parent education and support will be provided to empower the parent to feel secure within their child's journey.

1

MOTOR DEVELOPMENT

Focusing on the development on a child's fine and gross motor skills, enhancing their strength, mobility and endurance.

2

ACADEMIC DEVELOPMENT

Enhance the child's performance in school, including handwriting, visual processing and attention.

3

EMOTIONAL DEVELOPMENT

Providing children the tools to be a positive, regulated, social and confident young person and developing a strong sense of self.



Service Model

Play based, strength focused programs catered to each child's unique needs.



NDIS Registered Provided

Support through Self Managed, Portal Managed and Agency Managed portals.



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